

Long-Term Disability (LTD)

House Staff

What is Long-Term Disability?	Long-Term Disability, or LTD, coverage can replace a portion of your income if a lengthy covered illness or injury leaves you unable to work for an extended period of time.
Who is eligible?	Active House Staff working 20 or more budgeted hours per week.
Who pays the premium?	University Health pays for your coverage.
When does coverage become effective?	You must be actively at work for at least one day, and the coverage begins on the 1 st of the month following your date of hire.
What is the amount of coverage?	Monthly benefit of \$2,000. Benefits may be reduced by other sources of income and disability earnings. Benefits are taxable.
When do benefits begin?	Benefits begin after the greater of ninety (90) days or the exhaustion of Short-Term Disability. You must be continuously disabled and under the care of a physician during your elimination period, and no benefit is payable during the LTD elimination period.
What is the maximum duration of LTD benefits?	“Social Security Normal Retirement Age”. View your plan certificate for more details.
What is the definition of disability?	For the first 24 months of LTD benefits, you are disabled when Aflac determines: <ul style="list-style-type: none">a) You are unable to perform the material and substantial duties of your regular occupation due solely to your illness or your injury;b) You are under the regular care of a physician; andc) You have a 20% or more loss in your covered monthly earnings due to that same illness or injury. After 24 months of LTD monthly benefits, you are still considered disabled if, due to the same illness or injury, you are unable to perform the duties of any gainful occupation for which you are reasonably fitted by education, training, or experience.
What is the pre-existing condition exclusion?	Benefits will not be paid if your disability begins in the first twelve (12) months following the effective date of coverage and your disability is caused by, contributed to by, or the result of a pre-existing condition. A pre-existing condition is any condition for which during the three (3) months prior to your effective date of coverage, whether or not the condition is diagnosed or misdiagnosed, you have received care, treatment, consultation or diagnoses, or taken prescribed medication or drugs.



Are there any other exclusions or limitations?

Disability plans have conditions, exclusions, offsets, and limitations.

No benefits will be paid for disability caused by or related to:

- Intentionally self-inflicted injuries or attempted suicide.
- Active participation in a riot or an act of insurrection, rebellion, or civil commotion.
- War, declared or undeclared, or any act of war.
- Commission of a felony for which you have been convicted, this includes but is not limited to local, state, country, provincial, or federal law, or the disability results from commission of, or attempting to commit a felony or being engaged in an illegal occupation;
- Intoxication, including driving a motor vehicle while intoxicated. (“intoxicated” means your blood alcohol or drug level meets or exceeds the level at which intoxication would be presumed under the law of jurisdiction in which the event, activity or accident occurred.)
- Influence of a controlled substance, unless administered by a physician, or taken according to a physician’s instructions, and within clinical guidelines

View your certificate for a complete listing of all that apply.

Included Features

What is the Accidental Dismemberment & Loss of Sight Benefit?

If a loss occurs within 180 days of an accident, the LTD plan pays a lump sum benefit for the specific covered loss. View your certificate for a full schedule of benefits.

Care Managers

Care Managers are Masters’ level licensed social workers who will help you find and access useful resources. Care Managers are available toll-free at 1-800-206-8826.

Employee Assistance Program

Aflac also offers an Employee Assistance Program (EAP) program through TELUS Health with services to help employees manage work-life balance issues, to help you find child or adult care services, resolve workplace or financial or legal issues, and more. Please visit login.lifeworks.com and use “University Health” and “eap” as your username / password. You may also call toll-free 24/7 to 1-844-246-7674.

Travel Protection

Employees traveling across the country or abroad are covered 24/7, 365 days per year by Generali Global Assistance, which provides medical, personal and legal assistance, as well as additional services. From anywhere in North America, call toll-free: 1-800-759-9504.



[View Benefits](#)

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